

May Quiz

1. In your readings in the Cradle of Sound – Harp Therapy Manual:
 1. What are the nine elements of music?
 2. Which mode tends to release emotions?
 3. Looking on the chart on page 261, can you determine which spoke of the wheel best suits you in all the energies? Which one do you feel you resonate with?
 4. What are the three strains of Ancient Celtic music and their attributes?
 5. In the Chinese Five Elements, which element can overtake the Metal element – the one of rigidity and too much structure?
2. In the Resonant Tone-Keys for Resonant Tone Download:
 - a. What key of music and outreaching and reflective modes would you play for someone who has a resonant tone of B?
 - b. In the Resonant Tone – The Celtic Circle of Music download, please study the modulations starting on page 4 with the Celtic Circle for G. Then fill in the information based on the previous modulations for page 6 – the Celtic Circle for E; and on page 7 – the Celtic Circle for Eb. If you are a beginner and are having difficulty with theory, do not get dismayed, we will be going over this in the ESM. For now, just try to understand the patterns.

Answers for E on page 6:

Mixolydian =
Aeolian =
Transition line =
Ionian =

Answers for Eb on page 7:

Key of EbM and Cm have:
Eb Mixolydian is the 5th above
Therefore the accidentals are:
Transition Line =
Geantraighe – Ionian =

3. In Jeanne Martin's lecture, what does the word 'traí' or 'traigh' mean at the end of Goltraigh, Geantraigh, and Suantraigh?

On the journey of the yellow brick road, what are 10 things that you would say that you have learned over the past 9 months that you can put into your IHTP Tool Bag?

If you were to recommend this program to someone, what would you say to them about the program? What were the things that you liked best about program?

Each year the IHTP grows and improves. What would you recommend as an improvement to the IHTP?

Please submit this Quiz and your Internship proposal and self-evaluation by May 20th into your USER account if you are able. Otherwise, please send it by email to your mentor. Your mentor will be looking for the materials starting on the 21st of May and will get back to you. If you are eager to start your proposal before then, please contact your mentor so that they can look for your submissions. You will be receiving an evaluation form to fill out on your mentor that you will submit to the IHTP office.

It has been a joy to get to know you this year and much is still to come in your ESM and on-going development.

Best wishes,
Christina
and the instructors and mentors of IHTP.

