

JANUARY QUIZ

In your readings in the Cradle of Sound Book:

Pages 288-336

Pages 407-422

Pages 485-490

1. Who is the founder of the modern day hospice movement and where did it start?

2. Where was the first Hospice in the United States?

3. Please take time to reflect on the questions on page 315 of the Cradle of Sound. This is a very profound segment of the I.H.T.P. Please incorporate the answers in your paper due on February 1st.
 - a. Who am I?
 - b. What do I love?
 - c. How shall I live, knowing that I will die?
 - d. What are my gifts to the family of the earth?

4. From the Cradle of Sound book – and the download PDF's, please outline the dissolution of elements in the dying process and generally speaking, what music and modes work best at these times?

5. What are the Phases of the Grieving Process and what kind of music is suitable?

6. What kind of music is best to play for someone in a Coma?

7. What is GIM?

The answers to the next two questions can be found in Deborah Noland's presentation or the Downloads Preparing for the Dying Process and Harp Therapy at San Diego Hospice.

8. Describe "Cheyne-Stokes" at the end of life care.

9. What is the normal percentage of the **Arterial** (the correct word – not **Venous**) Oxygen Saturation measured on a pulse oximeter?
What would be a “normal” blood pressure reading?
What is “normal” body temperature?
And what is “normal” pulse rate?