

# MESSENGER

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## Water, sewer rates go into effect July 1

By MICHELLE MONROE  
Messenger Staff Writer

ST. ALBANS CITY — On Monday night, the St. Albans City Council voted 5-1 to approve the water and wastewater budgets for fiscal year 2012, which will start on July 1.

Mayor Marty Manahan was the sole dissenting vote. Ward 3 Alderman Aaron O'Grady was absent.

Challenged by Alderman Jeff Young, Ward 4, who asked why Manahan was vot-

### City drops 5 percent surcharge

ing no, the mayor said he was concerned about the size of the increase and its potential impact on industrial customers.

The budgets include the creation of a \$100,000 capital fund for water and sewer, along with an increase in the chemical budget for the sewer facility and an increase in chemicals and utilities in case the city has

to shift more of its water treatment to the Maquam Shore facility.

Noting he frequently opposes rate and tax increases, Ward 5 Alderman Joe Luneau said he had argued for larger rate increases to allow for setting aside more funds for future repairs.

Engineers have advised the city it will

need to pay for \$13 million in equipment replacement for the wastewater treatment plant within the next few years. The Fairfax Reservoir will likely need to be either closed or replaced in the near future due to a deteriorating dam that keeps water from spilling into the Mill River and damaging neighboring homes

City water users will see an increase in both their flat and usage fees. The flat fee increase is 3 percent. The overall increase is 8 percent, with the majority going to

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### Somewhere, over the rainbow

#### Harp therapist's personal story strums heartstrings

By ANN HAWKSBY  
Messenger Correspondent

ST. ALBANS — Harp therapist Kathryn Dandurand, of Montgomery, who has made it her job to be compassionate, recently found out that there are many other kindhearted people in this world.

First, her airline attendants made it possible for her to carry her harp safely with her on four connecting flights to Florida so that she could play at her dying mother's bedside.

Then, hundreds of fellow harp therapists from around the world joined her at precisely 7 p.m. on June 11 to play "Over the Rainbow," for her mother, Elizabeth Renfro-Kuba, who sadly had passed away earlier that evening.

Dandurand has been playing harp at patients' bedsides at Northwestern Medical Center, local nursing homes and through the local hospice program for the past seven years.

"The intent of the therapeutic musician is not to provide a performance, but to create a "cradle of sound" to optimize

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ANN HAWKSBY, Photo

Harp therapist Kathryn Dandurand, of Montgomery, encourages Franklin County Rehabilitation Center resident Ellen Chamberlin to play the harp during Dandurand's recent visit to the St. Albans facility. Left, Kathryn Dandurand and her mother, Lizabeth Renfro-Kuba in a photo from the family album.

### Montgomery musician playing tribute to mother

By ANN HAWKSBY  
Messenger Correspondent

MONTGOMERY — While still overwhelmed from having taken care of funeral arrangements for her mother, booking flights, and catching up with family and home life, Kathryn Dandurand, of Montgomery, recently took time to share the history of her involvement in harp therapy.

"I have my M.Ed in Early Childhood Special Education, and taught with Early Childhood Programs in Franklin County for 13 years," she said.

Dandurand, who had taken piano lessons for 10 years as a child, said she recalled going to a concert in Burlington to see the Scottish band "Ossian" which had a harpist.

"I fell in love with the sound of the harp, and by the next week, I had purchased my first lap harp from Christina Tourin in Waterbury, who became my teacher," she said. "My learning curve rose quickly - a harp is like a sideways piano keyboard, you just have to learn to hold your fin-

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## St. Mary's to kids: It's 'Totally Yours'

Catholic summer camp attracts 65 participants

By NATALIE HANDY  
Special to the Messenger

ST. ALBANS CITY — Sixty-five area children kicked off the first official week of summer vacation this week by attending a summer camp at St. Mary Parish in St. Albans.

"Totus Tuus," is a nationally known Catholic youth program for Grades 1 through 8, in its second year in Vermont, and hosted for the first time in Franklin County from June 20-24.

"Totus Tuus" is Latin for "totally yours," a motto made famous by the late Pope John Paul II. The nationwide summer program will take place at 10 Vermont locations this year.

The camp held at St. Mary's enrolled children from more than a half-dozen Franklin County com-

munities, representing Catholic parishes from as far away as Richford.

Children were divided into four age groups by team leaders consisting of two college-age women and two seminarians (college-age men). The program focuses on sharing the Gospel and promoting the Catholic faith to children, and is sponsored by the Roman Catholic Diocese of Burlington.

Lauren Buckley, recent UVM graduate and a Totus Tuus team leader, is responsible for teaching Bible stories to first and second graders at the camp.

"We try teaching it in a way that's exciting," she said.

The leaders spent two and a half weeks training with other college students and seminarians at the Roman Catholic Diocese in Lincoln, Neb. They learned college-level theology from priests and then were prepared to teach it to children, Buckley said. Educators

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NATALIE HANDY photos

Above, during morning warmup sessions, Totus Tuus camp counselors engage all 65 campers in interactive games and songs, such as "Father Abraham," seen here. Below, Counselor Joseph Sanderson engages campers in a dinosaur mime game during a recess break.



## Anonymous call from Philly brings Amtrak rider's arrest

Man, 68, claims crack used to treat cancer

By JESSIE FORAND  
Messenger Staff Writer

ST. ALBANS CITY — An arrest made last week by the St. Albans City Police Department came as the result of a tip from Philadelphia, Pa.

According to affidavits file by the officers involved, a call came into the local police station from a "concerned citizen" regarding an elderly male who was on an Amtrak train headed towards St. Albans from Philadelphia.

Police were advised that the male, later identified as Claude Winston, 68, was carrying prescription drugs and crack cocaine.

According to an affidavit filed by Officer Sean Pope, "The train

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Claude Winston



# Water

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usage fees. However, a 5 percent surcharge currently charged to all customers will end next Friday. Theoretically, with the disappearance of the surcharge, a residence with limited water and sewer usage could see a slight decrease in costs. City residents will see their flat fee for water increase to \$50.96 from \$49.48. Town residents will see their flat fee for water increase from \$69.75 to \$71.84. Those fees are charged quarterly. The usage fee for 100 gallons of wastewater will increase from \$0.124 to \$0.154. That fee is the same for all customers. Flat fees for wastewa-

ter (sewer) customers will increase \$1.54 for city residents from \$51.32 to \$52.86. The flat fee for town users will rise from \$58.87 to \$60.64. The usage rate per 100 gallons of wastewater will increase to \$0.330 from \$0.259. The Messenger incorrectly reported this increase as \$0.41 cents previously. It is \$0.71 cents. The difference in rates between city and town users is one of the issues over which the town has sued the city. All differences in rates are in the flat fees. The usage rate is the same for all customers, regardless of location or type of use. With the new rates the

difference between city and town residential users of water will be \$20.88 per quarter or \$83.52 annually. The difference between city and town residents for wastewater will be \$7.78 per quarter, or \$31.12 annually. Those differences are currently \$81.08 annually for water and \$30.20 for sewer. The flat rates for commercial and industrial users are based on EUs or equivalent units. One EU is the equivalent usage of a single residence. Thus, a small store would likely pay the flat rate for a single EU for water usage, while a restaurant or large grocery store might pay for multiple EUs.

Although the flat rates reflect usage, each business must still pay the usage fee for all of the water and wastewater consumed. Commercial users in the town will pay \$20.88 more per quarter per EU for water than commercial users in the city, and \$7.78 more per quarter per EU for sewer. Industrial users pay monthly for water and sewer. Industrial users will pay \$21.71 flat monthly fee per EU for water service in the city and \$28.70 in the town. Industrial sewer users pay \$17.61 per EU per month in the city and \$20.21 in the town monthly.

# Harp

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the healing process whether it be physical, emotional or spiritual," she explained. "Research has shown its effectiveness to lower blood pressure, decrease heart rate, increase oxygenation levels, as well as reduce anxiety, pain and the need for medication," she added. The harpist has had medical staff and family members report to her the benefits from the calming influence and the reprieve from tension created when she plays for patients. "For many patients, once they hear the soothing music, they gain a sense of peace, comfort, and well-being," she said. Dandurand and her family witnessed similar results first hand as she played for her mother, a hospice patient in Florida, just days before her passing. Dandurand said her mother was diagnosed with breast cancer while in her early 70s. She had a lumpectomy, but the cancer resurfaced years later, forcing her to have a mastectomy. "It had been 15 years that she'd been clear in her mammograms," Dandurand said. "However, this February, cancer cells were found to have metastasized in her lungs and skull. "By April, when I vis-

## 'I called to find out that my Mom had just died.'

Kathryn Dandurand

ited her, she was very weak. She tried radiation, but had some plummets downhill and couldn't finish the treatments. By the end of May, I was making a visit that I thought may be my last time to see her." She knew, however, that one item would be crucial for her trip. "I was determined to get my harp to Florida, where my mom was, so I could play for her," said Dandurand. "I knew the seas would open up for me, since I had the right intention," she added. "As I gently explained to the airline attendants that I was taking my harp to play music for my mom who was dying in hospice and it wouldn't fit in the tiny overheads on the puddle jumpers one must take to get out of Burlington, they searched for rows that had an extra seat available, and allowed me to buckle my harp in safely next to me." Dandurand played soft music and the family sang by their mother's bedside. She also offered her mom comforting massage and Reiki.

"I pushed her chair outside and took off her socks to feel the breeze on her feet, and fed her gelato ,which could slip down her throat," she said. Dandurand's mother insisted that her daughter return home for her son's graduation. Reluctantly, she did. "She started to say "good-bye," and I said, 'No, let's not say good-bye,'" Dandurand said. Recalling memories from a trip to Hawaii she had taken her mother on years earlier, "Let's just say "Aloha," Dandurand told her mother as she left the room, struggling to force her legs to walk out her door. As she walked away her mother called out, "Aloooooohaaaaaa!" In just a few days, Dandurand's mother had deteriorated so much that she couldn't move, swallow or speak. "I called on Thursday, and my sister put the speaker phone on (in her room). I told her I'd arranged for the International Harp Therapy Program harpists

from all over the world to play "Over the Rainbow" for her, which is a service we often do for each other when someone is in need," Dandurand said. "I asked my mom that if she understood what I said, to squeeze my sister's hand, and she did." That was to be the final message from her mother. "When my family and I arrived home on Saturday from a beautiful graduation ceremony, I called to find out that my Mom had just died at 5:15 p.m.," said Dandurand. "It was so hard for me, to have not been there, but I knew I was where she wanted me to be. "Before I knew it, it was almost 7 p.m.," she said; that was the time she had randomly chosen to have fellow certified harpists from Japan, Australia, Canada, England and other countries around the world join her in playing "Over the Rainbow." "I called my sisters and put the speakerphone on so that they could hear the music, too, and I sat down at my harp, knowing I was joining in with hundreds of other harpists in sending my mom's spirit off to God's eternal love." "And she is in peace now," Dandurand said.

# Tribute

continued from page 1

gers sideways." Within a mere two years, Dandurand was subbing for Tourin at the Trapp Family Lodge, playing dinner music, following her regular day job of teaching. Coincidentally, William Jackson, the inspiring harpist from the band "Ossian" offered a workshop in Burlington, and Dandurand eagerly attended. "He talked about the healing properties of harp music," she said, "I'd never heard a Celtic musician talk of this before." From her massage practice, Dandurand had developed a curiosity about the healing properties of music, which was shared by her teacher, Tourin. After several years with

## 'I fell in love with the sound of the harp ...'

Kathryn Dandurand

many twists and turns in her path, Tourin founded the International Harp Therapy Program, and Dandurand became a certified therapeutic harpist in 1996. Prior to her mother's death, Dandurand had purchased a "Rainbow of Sound" kit, which had been developed by Christina Tourin from the International Harp Therapy program. The kit contains six lap harps that are each one bright beautiful color of the rainbow; red, orange, yellow, green,

blue and violet. These six harps, along with a curriculum developed by Tourin from years of teaching in the Waldorf School and training harpists, will be used by Dandurand to start classes in breast cancer support groups (in memory of her mother), at rehabilitation centers, and also in children's programs. Each harp comes with a shoulder strap and lap bar so that they can be easily. CDs of background music, such as Latin American, classical, and Broadway

tunes, that can be played by a group to give a "big symphonic" sound. Learning to play these harps will provide self-esteem, comfort and peace, and mobility of the arm and fingers as well as the fun of being part of the "rainbow" group, she said. -- -- -- To learn more, visit [www.playharp.com](http://www.playharp.com).



**Happy Birthday Paul**  
Can't believe you would be 38 this year. We think about you all the time. Miss You.  
Love, Naquashia, Nita, and Family  
Songs to you:  
2 Pac-I Aint Mad At Cha  
ADELE-Rolling In the Deep  
Nickelback-How U Remind Me

# OBITUARIES



## CLIFTON FREDERICK BUSHEY, SR.

SWANTON - Clifton Frederick Bushey Sr., age 93 years, a lifelong Swanton resident died early Thursday morning, June 23, 2011, at the St. Albans Health and Rehabilitation Center in St. Albans Town. Born in Swanton on Oct. 6, 1917, he was the son of the late Royal and Cora (Raymond) Bushey. He attended and graduated from Swanton schools and on April 16, 1940, was married to the former Dorothy Mae Young, who predeceased him on Jan. 5, 2001, after nearly 61 years of marriage.

Clifton was manager of the former Skeels and Weidman Grain Company in Swanton for 24 years, and in earlier years assisted as manager of the Lakeshore Turkey Farm. He was a lifelong parishioner of The Church of the Nativity of the Blessed Virgin Mary and a member of the National Rifle Association. Clifton was an avid outdoorsman, especially enjoying duck, deer and fox hunting. He loved being outside and walking in the woods where the chickadees recognized him and came flying to sit on his shoulders and hands as he fed them sunflower seeds. He was also an accomplished woodworker, often being called upon to make a special piece of furniture or to repair one. He was a gentle man and we will miss him.

Clifton leaves his children, Joyce Graves and her partner, Dennis Havey, of Bristol, Beverly Rexford of Kittery, Maine, Clifton Jr. and his wife, Diane, of Swanton, and Raymond and his partner, Pamela Alberts, of Swanton and Littleton, N.H.; 13 grandchildren; 19 great-grandchildren; four great-great-grandchildren; two brothers, Ralph of Swanton, and Donald of Bakersfield; two sisters, Evelyn Thibault of Swanton, and Hazel Trahan of Lakeville, Conn.; and several nieces and nephews. Besides his parents and his wife Dorothy, Clifton

was predeceased by his sisters, Delia Brouillette and Dorothy LeBeau; and brothers, Robert and Jerome.

The Liturgy of Christian Burial will be celebrated Tuesday, June 28, 2011, at 11 a.m. from The Church of the Nativity of the Blessed Virgin Mary, 65 Canada St., Swanton. Father Thomas D. Nadeau will be the celebrant and homilist. The Rite of Committal and Interment will follow at the Bushey family lot in St. Mary's Roman Catholic Cemetery. Friends may call at The Kidder Memorial Home, 89 Grand Ave., Swanton, on Monday from 2 to 4 and 7 to 9 p.m.

Gifts in Clifton's memory may be made to The Friends of Missisquoi Wildlife Refuge, Inc., 29 Tabor Rd., Swanton 05488. To offer private online condolences please visit: [www.kiddermemorial-home.com](http://www.kiddermemorial-home.com).



## MARION H. MEDOR

ST. ALBANS - Mrs. Marjion Hawkins Medor, age 88, died Thursday afternoon, June 23, 2011, in the St. Albans Health and Rehab Center. She was born in St. Albans, April 4, 1923, daughter of the late Frank and Lena (Cross) Hawkins.

Marion was employed at Union Carbine Consumer Products and later at Fonda Container Corp., retiring in 1986. She was a member of the Franklin County Senior Citizens. Her survivors include her two sons, Larry Medor of St. Albans, and David Medor of Lyndonville; five grandchildren, eight great-grandchildren; and several nieces, nephews and cousins. She was predeceased by her husband, Leonard Medor, in 1970; parents, stepmother, Sadie Hawkins Barmety; and two brothers,

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