



# Harps for Healing



## CONFERENCE

### March 26 - 27, 2011



featuring

**Christina Tourin**

**USA**

**Peter Roberts**

**Australia**

Mary Doumany  
Michael Johnson  
Jacqueline Spring  
Julia Peddie



## The Harp as a Healing Instrument: Australian Convergence 1



**Saturday:** Creating Sacred Space - Julia Peddie "The Labyrinth and Art"  
Michael Johnson, harpist - Gawler. foundation - "Music to Anchor Mindfulness"  
Christina Tourin - "Convergence of Modalities", Dir. - Int'l Harp Therapy Program  
Peter Roberts, featured on ABC TV Australian Story - "Music-Thanatology"  
Jacqueline Spring - "Sounding the Spirit", Therapeutic Music's Role in  
Whole Person Care Mary Doumany - "A Zen Harp Experience" (Hands On)



- \* Evening Concert \* Harp Maker Exhibitions
- \* Break-out Sessions \* Forum Discussion



**Sunday:** Hands-on workshops with Christina Tourin and Peter Roberts at Bupa Residential Facility in Caufield South, VIC. Lodging available. **Monday - Thursday**, Christina will lead the Experiential Specialty Training Module towards certification at Bupa Residential facility.

Please register before February 25th due to space limitations. For more information:

Jacqueline Spring at: [wellsprings2@yahoo.com.au](mailto:wellsprings2@yahoo.com.au)

**The place to be for every Australian interested in music and healing!  
Be a part of the beginning of this worldwide movement!**

# ★ The Harp as a Healing Instrument: Australian Convergence 1 ★



The harp is a healer in the hands of Peter Roberts ([www.robertsmusic.net](http://www.robertsmusic.net)). As Australia's only certified music-thanatologist, Peter specializes in offering a healing presence and a calming musical influence to people facing the very end of their lives. Peter's personal harp journey was featured recently on ABC TV's "Australian Story". His initial training focused on assisting the dying, but he has since broadened his application to include recovering patients also. A recent two year project evaluating the effects of his music on premature babies in an acute care neo-natal nursery has shown that due to his playing, in more than 65 per cent of cases, the babies' oxygen levels increased (more efficient breathing), and in over 60 percent of cases, their heart rates were lowered (resting more deeply). Peter will offer workshops both on Saturday (informational) and Sunday along with Christina where you learn a healing piece of music. This is also for beginners so don't be shy to join us

Christina Tourin is the Director of the Int'l Harp Therapy Program based at San Diego Hospice, CA USA. The program specializes in music development, resonance as a powerful form of healing and interactive work with individuals. The program consists of a 9 month on-line course of study (meeting the requirements of the National Standards for Therapeutic Musicians) and a one-week Experiential Specialty Module (ESM). She is bringing this ESM to Australia where you can attend from Sunday-Thursday following the conference then proceed to take the on-line courses starting in September 2011 and receive certification. For more information: ([HarpTherapyCampus.com](http://HarpTherapyCampus.com)). Christina is known for her outstanding capabilities as an educator. You will learn many new patterns of improvisation in her workshops plus the five qualities of individualizing music used for healing.



Michael Johnson has been composing, recording and performing music since 1978 and is the instigator of Lyrebird Music and the Twilight concert series. Michael should be familiar to audiences throughout Australia and abroad. His compositions are regularly aired on national radio and television. He has been working at the Gawler foundation since 1991, providing his tranquil music to aid the meditative work there. He will be presenting a workshop titled: "Music to Anchor Mindfulness". ([www.michaeljohnson.com.au](http://www.michaeljohnson.com.au))



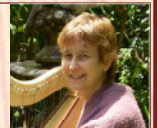
Mary Doumany is one of the top harp players in Australia. She plays harps of many varieties from folk harps to concert harp, and her credits include playing on the soundtrack of the movie "Shine", the Melbourne and Sydney Symphony orchestras and her band The Lovers. Her wonderful harp playing stands out in "Woman of the Moon" and "Sapphire and Gold". Mary will lead us in workshop titled "The Zen of the Harp". ([MaryDoumany.com](http://MaryDoumany.com))



Julia trained as a labyrinth facilitator with Rev. Lauren Artress in March 2008. Julia creates labyrinths for schools, festivals and communities. She is also available as a consultant for installing labyrinths on private properties. She will lead us in Sacred Spaces, the story of the labyrinth and a walk to experience a variety of experiences: joyfulness, thankfulness, for people looking to resolve inner conflict and gain meaning in their world or simply experience great inner peace. ([www.JuliaPeddie.com](http://www.JuliaPeddie.com))



Jacqueline Spring, founder of the Resonance Therapeutic Music Training in Australia, certified graduate of the Music for Healing and Transition Program, graduate of the Anam Cara Project (Bend, OR) and studying Pastoral Care/Health Promoting Palliative Care at Latrobe University has worked professionally as a therapeutic musician in medical and aged care facilities in both the US and Australia. "She will lead a workshop that explores the role of therapeutic music in the provision of whole-person care for those in aged care facilities." ([harpaustralia.com](http://harpaustralia.com))



**This conference is for people interested in healing modalities, music and sound vibrational work, all musicians, those interested in learning how to play the harp and for those who already play the harp. As a caregiver, treat yourself to a day of inspiring activities, exhibits, lectures and concert.**

## « Lodging near Bupa in Caulfield »

Here are some choices for accommodations that are accessible to people either wanting to walk, catch public transport or driving. There are also plenty of hotels and motels, to suit various budgets in St. Kilda, which is about 10-12 km away. However, one would need a car. Don't forget to check the local hostels as well.

1. Carnegie Motor & Serviced Apartments.  
102 Dandenong Rd. Caulfield. [www.carnegiemotorinn.com.au](http://www.carnegiemotorinn.com.au)  
This Motel is near the Glenhuntly Railway Station. It is one stop [ 3 minutes ] from the Ormond Railway Station. It is then a ½ Km walk [5-8 min] to Bupa. Rates are \$125./night for Queen +sofa bed.
2. Clayton Monash Motor Inn & Serviced Apartments.  
1790 Dandenong Rd Clayton. [www.claytonmonashmotorinn.com.au](http://www.claytonmonashmotorinn.com.au)  
This Motel is near the corner of North Road about 10km away from Bupa. There is a bus [630] that goes along North Road in both directions. If you travel by bus or car it is about 15 min away from Bupa.
3. Brighton on the Park 17 Landcox Street Brighton. [www.brightononthepark.com.au](http://www.brightononthepark.com.au) This is serviced apartments only. 3 bedroom apartments are up to \$264 per night and 2 bedroom apartments are \$195.50 . There are 6 apartments . It is about 1 & 1/2 km from Bupa .Again you can catch the bus along North Rd.
4. Quest on Brighton Bay. 250 The Esplanade Brighton. [QuestBrighton.com.au](http://QuestBrighton.com.au)

## Location

SATURDAY CONFERENCE  
TBA - we will contact you regarding the location of Saturday's Conference when you register.  
It is planned to be near Bupa Caulfield and the location is being confirmed at the moment.

SUNDAY and IHTP Module  
**Bupa Caulfield**  
Address 349-351A North Rd, Caulfield South, VIC 3162



# Registration Form



Please use this form to sign up for the  
Australian Convergence 1 - The Harp As a Healing Instrument

Please send your completed form and cheque to:  
Carla Whiteley, 45 Leonard Street, Upwey 3158  
whitcarand@gmail.com 03 9754 5669

For general questions contact: Jacqueline Spring - wellsprings2@yahoo.com.au

For information regarding the Int'l Harp Therapy Program, please go to:  
HarpTherapyCampus.com or contact Christina Tourin at: Harprealm@gmail.com

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

Post code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Company: \_\_\_\_\_

Email: \_\_\_\_\_

I will bring a harp: Harp Type (pedal, lever or both): \_\_\_\_\_

I would like to use a harp: \_\_\_\_\_

My primary interest is: \_\_\_\_\_

I am attending on Saturday: \_\_\_\_\_ (\$100.00 prior to Feb. 25, 2011)  
(please bring bag lunch, dinner provided)

I am attending on Sunday: \_\_\_\_\_ (\$75.00 prior to Feb. 25, 2011)

Please reserve \_\_\_\_\_ tickets for the Evening concert for me. I will pick them  
up at the door. (\_\_\_ Ind. \$10.00 each \_\_\_ Family \$20.00 \_\_\_ Students/Seniors \$8.00)

I am interested in attend the Int'l Harp Therapy Program, Experiential  
Specialty Module and will contact Christina Tourin for details. \_\_\_\_\_

(note: an additional \$25.00 fee is required for registrations after February 25th).

Cheques payable to: Carla Whiteley



## Costs

### *Saturday Full Day Conference*

Location TBA \$ 100.00

*includes evening meal (bring a bag lunch)  
and evening concert*

*Evening Concert only - \$10.00*

### *Sunday Hands-on Workshops*

with Christina and Peter

Bupa Residential Facility - Caulfield  
\$ 75.00

*International Harp Therapy Program  
Experiential Specialty Module towards  
Certification*

Bupa Residential Facility - Caulfield  
*please contact Harprealm@gmail.com  
for more info*